

## Intentional Engagement of Children in Worship<sup>1</sup> Compiled by Pastor Janelle Rozek Hooper

- \*Ask children how they would like to lead/participate.2
- \*Think about kids when planning times (ex. early bedtimes) and lengths (45 min ideal.)
- \*Select music available to nonreaders.
- \*Use expansive names for Gods, especially verbs.
- \*Be flexible knowing a gift children bring is spontaneity amongst others.3
- \*Incorporate as many senses as possible at logical places.4
- \*Use children's art (exs.bulletin covers, pp worship backgrounds, banners)
- \*Invite children into sharing their offering/prayers that include nonverbal ways.5
- \*Write litanies available to all age levels.(Consider language, length, descriptors)
- \*Newsletter articles about the importance of children as participants in worship.
- \*Provide training for adults who will be assisting children in worship so that they are appropriately supportive.
- \*Invite parents/whole families to participate together if that helps with anxiety.
- \*Invite folks into discovery rather than authoritative belief.
- \*Have service as thematically focused as possible.6
- \*Use scripture/lectionary resources easier to read for kids.7
- \*Regularly evaluate worship in regards to pacing, meeting goals, etc.8

<sup>&</sup>lt;sup>1</sup> some ideas from "Including Children in Worship: A Planning Guide for Congregations" pg18 from Elizabeth J. Sandell

<sup>&</sup>lt;sup>2</sup> Examples include but are not limited to: Greeter, Usher, Acolyte, Crucifer, Lector, Choir, Prayer Leader, Liturgical Dancer, Sacred Arts, Communion server

<sup>&</sup>lt;sup>3</sup> p. 14 Adults Can Develops Childlike Qualities (Matthew 18:1-4)

joy, honesty, receptivity, tenderness, awareness, eagerness, trust, love, openness, spontaneity, hope, imagination, reconciliation, affirmation, complete involvement, motion and rhythm, clear communication, expression of feelings, energy, generosity, acceptance, simplicity, enthusiasm, creativity

<sup>&</sup>lt;sup>4</sup> p. 9 "The Bible describes worship in physical terms: *standing, kneeling, lifting hands, lifting the head, clapping hands, dancing, lying down, wearing sackcloth.* These all can reflect and encourage an attitude of praise and worship. These are all positions that children will enthusiastically try."

<sup>&</sup>lt;sup>5</sup> p. 15 "They ask questions that help us clarify our beliefs and add energy to our own prayers to God.

<sup>&</sup>lt;sup>6</sup> Examples include but are not limited to: Four readings from different books (lectionary) is too confusing for children to pull the themes together.

<sup>&</sup>lt;sup>7</sup> "God's Word, My Voice: A Lectionary for Children" by Lyn Zill Briggs.

<sup>&</sup>lt;sup>8</sup> p. 13 "Attitudes that exclude children in worship may be clues that worship is closed to other groups as well.